

# North Cariboo Partners for Healthier Communities

The North Cariboo Healthier Communities Committee was established to support programs and develop strategies that promote healthy eating, local food security and physical activity.

**NORTH CARIBOO  
PARTNERS FOR  
HEALTHIER  
COMMUNITIES**

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## What is your vision for a healthier community?

*More places to  
come together*



*More spaces to  
grow food*



*More ways to be  
active*



## North Cariboo Partners for Healthier Communities

The establishment of the North Cariboo Healthier Communities Committee (NCHCC) was led by the Growing North Cariboo Society and founded in June of 2014. There is a need to raise awareness of the factors impacting the North Cariboo and placing a strain on the health care system, our local economy and the social fabric of our community.

### Vision

*The North Cariboo Healthier Communities Committee will work towards supporting healthy sustainable community development in the area of local food production.*



### Membership

Organizations that are involved with local agriculture, food production and security, physical fitness, youth, families and seniors, First Nations and any other social or cultural issues are invited to send a representative and become involved. Membership includes people who reside in communities throughout the North Cariboo. Members will identify common issues within the scope of the committee's mandate with the goal of working towards improving overall community health within the North Cariboo (Cariboo Regional District Electoral Areas A, B, C, and I, the City of Quesnel and the District of Wells).



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