

2861 Nazko Road, Quesnel, British Columbia, V2J 7E5
Phone: 250.249.5329 Fax: 250.249.5359
Email: GNC@farmed.ca
<http://growingnorthcariboosociety.farmed.ca/>

**North Cariboo P4HC MINUTES
May 23, 2017
11:00 am – 1:00 pm
Location City Hall – Ms Quesnel Room**

1. Welcome and introductions: Designated Chair: **Cathy Juric**
2. Empowering Family Health Stream 1 project completion update: We have not received a reply from Northern Health other than approval of the Stream 2 project funding application so we are assuming everything is in order. Heloise is completing the workshop evaluation summary.
3. Empowering Family Health Stream 2 progress report:
 - Grant application policy and procedures accounting practices – Booklet is complete and the information was shared with the Seedy Saturday committee. Cathy and Wilma requested they receive a copy by email. Lori will do this. Heloise was wondering if a policy on the use of the Northern Health logo needs to be developed. She was wondering if blanket approval from NH for the use of their logo for projects could be obtained.
 - Facilitator contract begins – document was signed by 2 NC P4HC members & facilitator
 - Seedy Saturday evaluation in progress – Colleen and Wilma will complete and forward the information to Heloise for the report to be sent to Northern Health
 - Facilitator - workshop component update:
 - Heloise contacted Melinda and Sue and is waiting for their reply.
 - Heloise has added email to the EFH group list even requests for information from some out of town. A network is forming across the province.
 - Heloise has laid out the plans for the foraging workshop and is drying those plants that are already past season for demonstration purposes. Some clarification on the location(s) of the foraging workshop.
 - Give Heloise any “stories or personal experiences” you might be hearing around the region to Heloise to share.
 - A calendar will be made up within a week or so depending on response from instructors.

- Cathy noted some of her clients enjoyed the workshops so much that the Longname is providing follow-up workshop to allow clients to practice the skills in the kitchen.
- It was suggested a group set up a booth at the Quesnel Farmers' Market to promote program and workshops – possibly June 10; Lori and Heloise setup & Cathy and Lynda might help.
- Timeline for target goals - TBD
- Components now deemed sustainable – discuss process:
 - Empowering Family Health blogsite: attached to EFH email distribution list; Heloise will hold a workshop on how to update the blogsite will be held on June 6 from 10-11:30 am. Lori will try to book Community Futures.
 - Equipment use in communities: Lynda will work on getting information on the equipment use in the Kersley newsletter and ensuring the signs are posted.
 - Promotion of project: Farmers' Market, Fall Fair (Sept. 1 & 17). It was suggested a sandwich board be made with the Empowering Family Health title and info that the workshops are being offered.
 - Resource Inventory; It was noted that Les Gardner is interested in doing workshops. Possibly for Phase 3?

4. Updates:

- Country Club: They are now focusing on finalizing the budget and reporting. Many in-kind contributions such as a water tank and patio stones. Project is going well, with the beds built and in place. Ready to add dirt. The challenge is keeping parents involved and getting the organizing of activities done.
- Skills in the Kitchen: project is complete. Kitchen kit is available for community lending program,

5. Joint Planning Committee presentation on June 13 at 5:30 pm in City Council Chambers – all members welcome to provide support. Heloise will present and delegation members can provide good news stories.

6. Other:

Colleen Gatenby, the Downtown Community Garden rep has resigned for personal reasons. It is recommended a review of Steering Committee members take place to ensure commitment.

Heloise mentioned the Bulkley Valley Food Security Forum

7. NEXT MEETINGS:

NC P4HC Committee – Tuesday September 19 from 11 – 1; Location TBA
Steering Committee – Tuesday, May 23 from 1-2 pm

North Cariboo P4HC Working Group

Name	Position	Organization
Robin Sharpe	Co-chair	CRD-Northern Representative
Lynnette Winsor	Co-chair	NH - Public Health Protection
Heloise Dixon Warren		Growing North Cariboo Society
Lynda Atkinson		Kersley Farmers Institute Growing North Cariboo Society
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Wylie Bystedt		Quesnel Farmers' Market / Wells Marketing
Susan MacNeill		Seniors Advocacy Service
Laurey-Anne Roodenburg		City of Quesnel
Tara Johima		Parkland Community Association
Sue Myles		Bouchie Lake Community
Janet Knopp		Growing North Cariboo Society / FARMED
Wilma Watkin		FARMED / Growing North Cariboo Society
Cathy Juric		North Cariboo Aboriginal Family Program Society
Sharon Primeau		Wild 'n Crafty
Lindsay Read		Wells & District Community Association
Melinda Fellows		Bowron Lake / Wells Community
Melanie Dydynsky		Nazko
Michelle Jeff		Nazko