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**North Cariboo P4HC  
MINUTES  
March 27, 2018  
11:00 am – 1:00 pm  
Location City Hall – CD Hoy Room**

**In Attendance:** Cathy Juric, Wilma Watkin, Lynda Atkinson, Lori Fogarty, Lynne Postnikoff, Heloise Dixon-Warren

**Regrets:** Lynnette Winsor, John Massier, Tara Johima, Sue MacNeill

1. Welcome and introductions: Designated Chair: Cathy Juric
2. Update on P4HC: NC co-chair position – Cariboo Regional District; CRD Director John Massier has agreed to co-chair the P4HC-NC committee and this was approved at the CRD meeting on March 23<sup>rd</sup>. Lori will email Mandy Levesque at Northern Health to let them know and change the Terms of Reference.
3. Empowering Family Health Stream 2 final report due March 31:
  - 2017 Empowering Family Health program evaluation; near completion and will be sent to Northern Health by March 31<sup>st</sup>. The project went well although there were scheduling changes due to the extreme wildfire season over the summer. There were 119 people in attendance at the workshops and the Baker Creek Community has joined the group as a stakeholder. Group.
  - 2017 Empowering Family Health budget; completed and will be sent to Northern Health with the evaluation. Budget was balanced with a bit remaining at the end so 3 books called The Boreal Herbal were purchased to be gifted to the communities of Kersley, Bouchie Lake, and 10-Mile/Parkland.
4. P4HC: NC 2018 grant application to Northern Health
  - Update on changes to funding stream and quantity of grant; The P4HC funding stream has been incorporated into the Imagine grant funding stream with grant application intakes in the spring and fall for \$5000 each intake.
  - Review of 2018 P4HC: NC grant application for Imagine grant funding; Grant application is near completion and Lori will incorporate the roles and responsibilities of partnering groups and letters of support once received. Grant application should be sent to Northern Health by March 30<sup>th</sup>.

- Next funding intake in September 2018 – Workshops on Cheese making and Garden Box Seed Starting
- Request for Proposals; Lori will review and update the RFP and have it ready for distribution to the EFH distribution list, schools and community associations before May 15. This RFP will be for the September grant intake and will be due Sept. 11.

5. Updates:

- Country Club; to be discussed at the GNC meeting on March 28. BLCC is requesting donated funds currently in the GNC account be transferred to the newly formed society Friends of Bouchie Milburn.
- Report on Discover Wellness Health Fair on March 10 was a success, with about 25 new additions to the email distribution list. Participants were interested in the proposed Root Cellar / Cool room panel.
- Seedy Saturday April 28 at CNC – P4HC promotional booth; Lori will take care of the booth and Janet may be able to join. Lynda and Wilma will be out of town and Cathy and Heloise are covering other booths at the event.

6. Upcoming dates:

- 2017 grant evaluation due March 31
- 2018 grant application due March 31
- Successful grant notification week of May 14
- Funding end of May

7. NEXT MEETINGS:

**NC P4HC Committee – Thursday September 13, 2018 from 10-noon at CD Hoy Room**

**Steering Committee – May 16, 2018 from 10-11:30 am at the Longname Society Boardroom**

### North Cariboo P4HC Committee

<b>Name</b>	<b>Position</b>	<b>Organization</b>
John Massier	Co-chair	CRD-Northern Representative
Lynnette Winsor	Co-chair	NH - Public Health Protection
Heloise Dixon Warren		Growing North Cariboo Society
Lynda Atkinson		Kersley Farmers Institute Growing North Cariboo Society
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Sue Myles		Bouchie Lake Community
Cathy Juric		North Cariboo Aboriginal Family Program Society (dba Longname Society)
Wilma Watkin		FARMED / Growing North Cariboo Society
Wylie Bystedt		Quesnel Farmers' Market / Wells Marketing
Susan MacNeill		Seniors Advocacy Service
Laurey-Anne Roodenburg		City of Quesnel
Tara Johima		Parkland Community Association
Janet Knopp		Growing North Cariboo Society / FARMED
Sharon Primeau		Wild 'n Crafty
Sheila Gibbons		Baker Creek Community
Lynne Postnikoff		Quarter Acres Farm
Melanie Dydynsky		Nazko

### Empowering Family Health Project Steering Committee

Lynda Atkinson		Kersley Farmers Institute Growing North Cariboo Society
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Sue Myles		Bouchie Lake Community
Cathy Juric		North Cariboo Aboriginal Family Program Society (dba Longname Society)
Wilma Watkin		FARMED / Growing North Cariboo Society