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MINUTES
September 13, 2016
CD Hoy Room City Hall 11:00 am – 1:00 pm

IN ATTENDANCE: Sue Myles, Colleen Gatenby, Heloise Dixon-Warren, Jennifer Webster, Cathy Juric, Wylie Bystedt, Lori Fogarty

REGRETS: Sue MacNeil, Robin Sharpe, Lynnette Winsor, Wilma Watkin, Lynda Atkinson

1. Welcome and introductions: Designated Chair: Sue Myles. Welcome to new member Jennifer Webster from Barlow Creek.
2. Empowering Family Health project update:
 - a. Presentation to the Joint Planning Committee on Sept. 13 at 5:30. Delegates welcome to attend. Heloise is putting together packages including info sheets, brochure, notepad, magnet and business card for the JPC and the CRD session being held in Wells on Sept. 22.
 - b. Farmers' Markets throughout the summer to promote the Empowering Family Health project and sign up people interested in workshops, were held throughout July in Quesnel and then on August 21 in Wells. The booth was set up at the Fall Fair on Sept. 10 and 11. Many people expressed support for the project and signed up for workshops.
 - c. Marketing items – notepads, magnets, business cards and more brochures were put together by Heloise and printed off by Document Source.
 - d. Workshops: Details were discussed and Heloise will move forward on contacting workshop leaders, setting dates and booking the community centres. A local workshop leader from the North Cariboo for fruit production was not available, so it was decided to focus on a small animal production workshop. Lou Dobie was suggested as a resource person.
 - e. Resource Inventory update - ongoing
 - f. Where this project is going and what Phase 2 (2017) may look like? Annie may do an update article for the Cariboo Observer. Colleen suggested an issue for next year may focus on Fruit trees. She feels an inventory of fruit trees is needed and

support for older people in the region to have their trees pruned and fruit picked. Perhaps a training program for pruning fruit trees is needed. Discussion resulted.

For 2017 and the future it was suggested the group stick to the basic outline of the project already developed and add more workshop topics. We need to focus on using the equipment we purchase for the communities and coordinate with the coupon program in place with the Farmer Market(s).

3. Wells Community Garden update – Lindsay reported the project has been implemented and is almost complete with all objectives being met. It was a learning experience that they will be able to work from in the future and improve the garden.
4. Parkland Community Garden update – Now that it has been decided to keep Parkland Elementary open, Christine will be meeting with the new temporary principal (Mike Adams) as well as the Parkland Community Association and develop a plan to move forward with the project this fall.
5. Equipment purchase update – Sue is developing a spreadsheet on the equipment to be purchased for the communities of Wells, Kersley, Parkland/10 Mile, Bouchie Lake and Barlow Creek.
6. Fall Fair – “From Field to Fork” report on event held Sept. 10 & 11. Colleen was impressed with the expansion of the activities planned for this event, and pleased with the workshops that brought in many new people.
7. Other: Lori moves that funding support for the food workshops held at the Fall Fair be included in the Empowering Family Health program and a \$100.00 honourarium be sent to the workshop leaders for their expenses. Seconded by Sue. **Passed**
8. **NEXT MEETINGS:**
 - NC P4HC COMMITTEE: Monday, January 9 2017 from 11 am – 1 pm. Location to be announced – Community Futures will be first choice, so phone communication will be available to members.
 - STEERING COMMITTEE: Monday, Sept. 18 from 10:30 – 11:45 pm at Longname Society Board room.

Meeting adjourned at 12:17 pm

North Cariboo P4HC Working Group

Name	Position	Organization
Robin Sharpe	Co-chair	CRD-Northern Representative
Lynnette Winsor	Co-chair	NH - Public Health Protection
Heloise Dixon Warren		Growing North Cariboo Society
Lynda Atkinson		Kersley Farmers Institute Growing North Cariboo Society
Lori Fogarty	Secretary	FARMED; Growing North Cariboo Society
Wylie Bystedt		Quesnel Farmers' Market
Colleen Gatenby		Quesnel Community Gardens
Susan MacNeill		Seniors Advocacy Service
Laurey-Anne Roodenburg		City of Quesnel
Christine Piltz		Parkland Community Association
Sue Myles		Bouchie Lake Community Association
Janet Knopp		Growing North Cariboo Society / FARMED
Wilma Watkin		FARMED / Growing North Cariboo Society
Cathy Juric		North Cariboo Aboriginal Family Program Society
Sharon Primeau		Wild 'n Crafty
Lindsay Read		Wells & District Community Association
Melinda Fellows		Wells & District
Melanie Dydynsky		Nazko
Michelle Jeff		Nazko
Jennifer Webster		Barlow Creek