



**HEALTHIER COMMUNITIES COMMITTEE
NORTH CARIBOO**

Promoting healthy eating & local food security

2861 Nazko Road, Quesnel, British Columbia, V2J 7E5

Phone: 250.249.5329

Fax: 250.249.5359

Email: GNC@farmed.ca

<http://growingnorthcariboosociety.farmed.ca/>

**MINUTES
September 19, 2016
Longname Society Board Room 10:30 – 11:50am
North Cariboo P4HC Empowering Family Health Project
Steering Committee**

Name	Organization
Lori Fogarty	FARMED; Growing North Cariboo Society
Colleen Gatenby	Quesnel Community Gardens
Sue Myles	Bouchie Lake Community
Cathy Juric	North Cariboo Aboriginal Family Program Society
Lynda Atkinson	Kersley Farmers Institute, GNC Society
Heloise Dixon Warren	Empowering Family Health Facilitator

In Attendance: Cathy Juric, Heloise Dixon-Warren, Lori Fogarty, Colleen Gatenby, Sue Myles

Regrets: Lynda Atkinson

- 1. Meeting:** Heloise will be meeting with the Kersley Community Association on September 20 to review the Empowering Family Health program and plan workshops. She invited other members of the committee to attend and Sue said she would go out as well to talk about the equipment.
- 2. Workshops:** Each of the Community Associations will provide the facilities rent free and Heloise has organized to hold 2 workshops per day, so each facility will be used 3 times. She will book workshop dates based on availability and then chart in the facilitators.
Heloise will check out daycare provision for children if parents need the service. Some of the facilitators need a power point projector and screen and Heloise offered hers. We will rent that projector when required.
Heloise will develop a chart showing facility, rent, insurance, contact information, etc., for each of the Community facilities. She will ensure the needs of the P4HC (and clients) in regards to the use of equipment for housing the equipment in each community.
- 3. Equipment Purchase:** Sue reviewed the equipment purchased to date and suggestions were made by the committee as to additional equipment purchases. Sue is working within the budget and trying to ensure community needs are being met.
- 4. NEXT MEETING: TBA**

*Minutes recorded by Lori Fogarty
NC – P4HC Empowering Family Health Steering Committee
Distributed by email*